



CRESTON VALLEY CUP TOURNAMENT RULES

ELIGIBILITY

Eligible teams must be comprised of properly registered youth players affiliated with the Canadian Soccer Association (CSA), or the United States Soccer Federation (USSF). All teams must be in good standing and in compliance with CSA or USSF regulations.

ROSTERS

Maximum roster size is 20. Rosters with names, birthdates, and jersey numbers must be submitted at check in. Players on more than one roster and overage players may be used at coaches' fair discretion to ensure numbers to field teams, but need to be approved by tournament coordinators.

PLAYER ID

All players must have picture ID cards. The tournament director or a designate may check IDs at any time.

UNIFORMS & EQUIPMENT

- All jerseys must have numbers.
- Shin guards are mandatory.
- No hard casts or splints permitted (not subject to referee discretion).
- Knee braces and other protective orthopedic or prosthetic devices may be worn provided that the device is safe and approved by the referee (properly fitted and has no protruding metal and has to be covered with soft material).
- No jewellery.
- Any player with an injury that can be aggravated by playing or which constitutes a danger to others shall not be allowed to play in a match.

TOURNAMENT FORMAT

- Canada Grassroots guidelines will be followed up to U13. U14+ will be 11v11.
- Minimum of 3 games per team.
- U10-U11, 25-minute halves with 5-minute half-time break.
- U12+, 30-minute halves with 5-minute half-time break.
- Effort made for 2-game breaks, but 1-game break minimum.
- All tournament games must be played when and where scheduled, with exception to the final games that may be changed to an earlier available slot, provided that both teams are in agreement.

SCHEDULING

- Schedules available at <https://crestonfc.ca/>.
- Teams must check in 30 minutes before their first game.
- The home team changes jerseys if there's a colour conflict. The first team listed for each game is the home team.
- Matches will start on time.
- For games U12+, matches will begin with a coin toss to determine sides or first ball. For groups under U12, the home team chooses their side of play.
- Referees may not extend the time of games.
- A team not showing or not ready to play following a 10 (ten) minute grace period shall forfeit the game to the ready team with a score of 3-0. The referee shall have the sole responsibility to determine, time, and enforce the 10 (ten) minute grace period.

TOURNAMENT SCORING

Teams shall be awarded points as follows:

- Win 3 points
- Tie 1 points
- Loss 0 points

SUBSTITUTIONS

Unlimited, generally allowed (referee discretion):

- After goals
- Before own throw-ins
- Before any goal kick

RETREAT LINE

Used up to and including U11 during goal kicks to encourage playing from the back. Opposing players must retreat to the attacking third. Indirect free kick awarded for violations.

TEAM CONDUCT & BEHAVIOUR

Coaches are responsible for the conduct of their players and spectators. Misconduct may result in forfeits or disqualification.

Red/yellow cards reported to the home association.

Any player receiving two (2) yellow cards during the tournament shall be required to sit out the game, following the game in which they received the second yellow card.

Any player receiving a red card shall sit out the game following the game in which they received the red card. For a more serious offense, the player could be suspended for more than one game. Any player receiving a second ejection shall be prohibited from competing in further tournament games.

TOURNAMENT BALLS

- U10–U12 use Size 4.
- U13+ use Size 5.
- Only official balls supplied by Creston Football Club may be used.
- In a situation where there is a mixed group the larger size will be used.

SIDELINE ZONES

- Spectators opposite team benches.
- No spectators behind goals.
- Coaches must ensure compliance.

GENERAL ENQUIRIES

Please email:

- headreferee@crestonfc.ca
- kylahamm@gmail.com

Alternatively, please visit our tent for assistance or clarification during the event.

DISPUTE RESOLUTION

The referee's decisions are final. Protests will be considered on matters dealing only with IFAB law. Protests must be submitted in writing to the score table within 1/2 hour of the conclusion of the match. The Head Referee's decision will be final. The decision of the tournament director on all other matters is final. No protest or appeal will be accepted.

TIE BREAKING RULE

In the event that one or more teams are tied in points at the end of all games within a division or at the end of round robin play, the following will be applied in the order stated below:

- Results of head to head competition.
- Goal difference between goals scored for and goals against.
- Least number of goals allowed during all tournament games.
- Penalty kicks.

In semi-final and final games:

- Golden goal - 5 minutes extra time each way

OFFSIDES AND THROW-INS

IFAB rules 11 and 15 will be followed

MISCELLANEOUS

If absolutely needed in order to ensure a fair and inclusive opportunity for play, rules will be added or amended only if agreed upon by Creston Football Club President, Head Referee, and neutral third party. Any changes made to the ruleset will be posted to the Creston FC website.

Our referees will be doing their best to apply the International Football Association Board (IFAB) Laws of the Game fairly and consistently throughout the tournament. Many of these officials are learning and developing their skills just like the players on the field. Mutual respect between referees, coaches, players, and spectators is essential. By supporting our officials and treating everyone with respect, we help ensure the tournament's primary goal is achieved—creating positive opportunities for youth to play, learn, and enjoy the game.