



CFC Playing Up and Down Policy & Application

CFC has developed this policy in alignment with Canada Soccer's principles of [Long Term Player Development](#) and in accordance with [BC Soccer's Playing Up and Down Policy](#) in order to meet individual player development needs by offering an opportunity for playing up or down. The association's default position is that players participate in their birth-year age group.

Players who are approved will be monitored and decisions may be reversed if it is determined that the level is not appropriate for the player's skill.

Procedure:

- Player must fully register for the program in their age group.
- Head Coach or parent can fill out this form and send to technicaldirector@crestonfc.ca.
- Technical Director will reach out to both Head Coaches and ensure both are aligned. The Head Coaches should be providing the feedback that they are a good fit for the movement.
- The individual is invited by the Technical Director to practice with the intended age group.
- The Technical Director comes to a practice to perform a field evaluation of the individual in the intended age group within 2 weeks.
- Movements will be reviewed and approved by the board.
- In the case of a COI (conflict of interest) the board will identify a suitable replacement for the assessment.

Application for Play Up and Down

This application must be submitted for each season as necessary for movement of an individual.

Play Up and Down Applications must be submitted to technicaldirector@crestonfc.ca

Date _____

The player must first fully register for the program that they are eligible in based on year of birth.

Player's Full Name _____

Player's Date of Birth _____

Movement Requested _____



Please describe or give an example of how the player shows that they have met or exceeded the technical, physical, mental and social abilities of the older age group.

Technical Ability - A player must demonstrate a high degree of individual skill, which must be transferable to competitive match situations. In addition, a player's individual skill must meet or exceed the technical abilities of other participating players within the older age category the player wishes to participate in.

Physical Ability - A player must meet or exceed other players within their age category in physical strength, technical skill and speed, and can blend in with players of the intended age group.

Mental Ability - A player must meet or exceed other players within their intended age category in game awareness and general knowledge of the game. To include the mental strength that will be necessary when dealing with older and physically superior opponents.

Social Ability - A player must be able to interact with players within the older age category on and off the field (games, dressing room, training and social gatherings).

Parent's name _____ Signature_____

I understand that:

- Players are normally placed in their birth-year age group.
- Approval to change age categories is not guaranteed.
- Decisions are based on player safety, development, and team balance.
- Approval is valid for one season only.